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Could you adopt?



the newham mag

issue 261 // 26 October – 9 November 2012



Reasons for Remembrance

Why you should wear your poppy with pride (p22)



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my room?

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26 October 2012 // **issue 261**



With Halloween and Guy Fawkes' Night around the corner, we're making sure that these enjoyable events aren't used as an excuse for anti-social behaviour (p10).

We've got some great suggestions for days and evenings out. Read about the new pool at Hallsville School (p8) and find out about street sports on page 29.

Martina Cole's international bestseller *Dangerous Lady* hits the stage at the Theatre Royal – and you could win tickets to the play (p19). Plus, there's an incredible sci-fi film festival at Stratford Picturehouse that promises to be out of this world (p24).

Head down to Wanstead Flats on Sunday 4 November for our free annual fireworks display, which this year includes a laser show. See the back page for more details.

Cllr Kay Scoresby
Deputy Executive Member
for Community Affairs

To request a large print version of the Newham Mag call 020 3373 1517 or email newham.mag@newham.gov.uk

SENIOR PUBLICATIONS OFFICER: Anita Plaha
PUBLICATIONS OFFICER: Glenn Gossling
PUBLICATIONS TRAINEE: April Isaacs
STAFF PHOTOGRAPHER: Andrew Baker
Call the mag team on **020 3373 4576**

To advertise in the mag call
Julie Madell on **07890 529 090**

If you do not receive The Newham Mag at home, or know someone who doesn't, please call 020 3373 1517, write to The Newham Mag, West Wing, 4th Floor, Newham Dockside, Dockside Road, London E16 2QU, or email newham.mag@newham.gov.uk

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IN BRIEF //

Fine for foul-smelling firm

An animal waste factory has been hit with a record fine after residents living nearby in Silvertown and Britannia Village complained of a vile stench.

Newham Council took action against John Knight Ltd, an animal rendering plant in West Silvertown. They were fined £120,000 and ordered to pay £66,150 costs at Thames Magistrates Court on 2 October. The case followed 300 complaints from members of the public to the council.

Vaccine protects babies

Pregnant women are being offered vaccination against whooping cough. You are eligible for the jab if you are between 28 and 38 weeks pregnant. Vaccinations are available from your GP, practice nurse, midwife or pharmacist.

The vaccination is being recommended, as there has been a sharp rise in the number of whooping cough cases among new-born babies in the UK.

To find out more visit www.nhs.uk and search for whooping cough or ask your GP.

Correction

In the Games souvenir edition of the *Newham Mag* we incorrectly captioned the image of Philip Yankey, below.



Adoption roadshow heads for Westfield

People who would like to adopt a child but believe they may not be able to have been urged to think again.

The call by Newham Council follows the Think Adoption event at St John's Church in Stratford aimed at people who are willing to adopt a local child. To be eligible you must be aged over 21 and able to provide a permanent, stable and caring home for a child.

As part of National Adoption Week, council staff will be providing information about adopting a child at Westfield Stratford City, outside Milles Cookies on the lower ground floor, from 5 to 9 November, between 10am and 4pm.

If you can't make this event you can find out more by visiting www.newham.gov.uk or call **0800 0130 393**.

Manor Park Library on the move

A bigger and better library is set to bring a new era of knowledge and learning to Manor Park.

Manor Park Library will be moving to a new location at 685-693 Romford Road in January 2013.

Residents can expect bright modern facilities, self-service kiosks for transactions such as requesting bulky waste collection and free computer and internet access.

The library will close temporarily in December to allow for stock to be packed and transferred.

Mayor Sir Robin Wales said: "While other councils are closing their libraries, we are investing millions of pounds in these well-loved and much used facilities, with improvements ranging from better accessibility to an increased number of computers and new books."



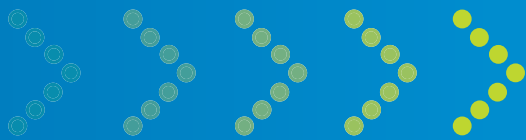
Housing on the web

Newham Council's housing register is going online from 29 October.

Applicants will be able to manage their application for social housing and create their own account. The move coincides with a new Housing Allocations Policy which changes the criteria for social housing allocation.

To qualify for housing in the borough you must have been living in Newham for two years continuously or have a local connection through your family or job. We're prioritising current or former members of the Armed Forces, those in work and carers.

You will need to register at Housing and Employment Destinations (HED). HED will help you to identify if joining the housing register is your best option to find a new home. It may give you alternative suggestions that you had not previously considered. Register on HED at www.ellchoicehomes.org.uk



News

Getting tough on ghastly gardens

Residents with waste in their front gardens are facing fines as part of a council clamp-down.

Almost 400 litter clearance notices were served in just two days as Newham Council targeted eye-sore properties as part of Operation Ohio, a 48-hour operation earlier this month in Manor Park and Little Ilford.

Those residents now have 28 days to clear away the trash – or face £110 fines.

Councillor Unmesh Desai, executive member for crime and anti-social behaviour, said: “Waste dumped in gardens isn’t just unsightly, it is an environmental problem which attracts rats and other vermin. We will keep fining people until they remove their rubbish.”



Unsightly rubbish in front gardens

£5,000 up for grabs for a new Newham

If you have a great idea for a business you could win £5,000 interest free to make your dreams a reality.

The arc Start-up competition is open to Newham residents who are over 18 and are starting a business. Winners will have to demonstrate that their business is financially viable, has the potential to create local jobs and will help tackle pressing social or environmental issues in the community.

The arc Start up Competition is run by Business in the Community, which is one of HRH The Prince of Wales’ charities. The competition is open until Friday 2 November. To enter or for more information email Hitesh.Mistry@east-thames.co.uk or ring Ben Woods **020 3373 1671**.



Green Street gets green light



An artist's impression of the new shopping arcade

Plans for a new shopping arcade with 36 units have been given the go ahead for Green Street.

The former bus depot in Forest Gate will undergo major regeneration. The approved design retains the building’s attractive frontage, with a modern, light and vibrant retail arcade created inside.

The council engaged in proactive discussions with the developer to ensure the proposal was of the highest quality and enhanced the retail offer in Green Street. The council backed the redevelopment as it will bring a derelict site back into use and create new jobs.



Cllrs Lester Hudson, Lakmini Shah, Marie Collier and MP Stephen Timms with shoppers and traders

Pilgrim's progress with new market

A juggling unicyclist, a troop of majorettes and a choir were on hand to give a colourful start to the official opening to Newham’s newest street market.

Newham’s deputy mayor, Councillor Lester Hudson, and East Ham MP Stephen Timms were on hand to cut the ribbon at Pilgrims Way Market, off Ron Leighton Way in East Ham. It has become a permanent part of the borough after a request from residents and traders.

The market is open from Thursday to Saturday, 9am to 6pm. There are 15 stallholders selling traditional fruit and veg as well as hand-made jewellery, clothing and confectionary.

Unemployment is a huge challenge

To bring Newham up to the London average, we've got to get a further 20,000 people into work.

The big issue is that changes in the labour market are leading to different skills being needed. We need the economy to grow nationally as well as locally.

Youth unemployment is soaring with almost a third of young people here saying they're looking for work. In a borough with one of the youngest populations in the country this isn't something to be ignored.

This is why the council is doing everything we can to get people into work.

I am hugely proud of our jobs brokerage scheme, Workplace, which has helped get 13,500 people into work since it was launched five years ago.

Last year alone we helped get more than 1,000 young people into jobs at Westfield Stratford City. Right now, 869 Newham residents aged between 16 and 24 are on



an apprenticeship course thanks to Workplace.

We're helping young people find suitable apprenticeship programmes and jobs with training. We're also protecting face-to-face advice for young people. We need to give the 50 per cent of young people who don't go to university a clear route to success and not just an option to "do or decline".

The Government's work programme is too complex, under-funded and, put bluntly, doesn't work.

That's why I want a more local approach. We're looking into where it's going wrong, why, and trying to fix it.

We already have top class universities in Newham. This is encouraging more businesses to the area, which means more jobs for residents. And we're formally supporting university technical colleges, which provide specialist vocational training offer to students aged 14 onwards.

Tackling unemployment is a big job, but, here in Newham, we believe we are on the right track and making giant strides.

A great image for a great Games



From the outset I promised residents that we would offer the biggest local community-based Olympics and Paralympics activity programme in the history of the Games. We hosted fantastic free events, involved the community and particularly school children at every step of the way, so I have to say how extraordinarily happy

I was to see the fantastic image of the Games that Hayley Dawson entered into my Mayor's photography competition.

I congratulate Hayley for creating a picture that really encapsulates the way many of us feel about the Games. They were a triumph and this photo is a triumph. Well done Hayley and I hope that you enjoy your well deserved prize.



Mayor's view

A fitting Remembrance

We are approaching the centenary of the First World War. It began in 1914 and lasted until 11 November 1918. More than nine million soldiers died, along with many more civilians. It was an upheaval that completely changed the world. Each year there are fewer and fewer members of the generation who remember the Great War left to recall the huge sacrifices that were made. Because of this I believe that the duty to remember falls on us all. As the generation who fought in the Great War passes on, remembrance should become even more valued.

2014 offers an opportunity, for our schools and society as a whole, to ensure that each generation understands how this tumultuous era of history has shaped our nation. I believe that Britain should mark Remembrance Sunday in 2014 as a very special day. The shops should close, no professional

football matches or major sports fixtures should be played and we should come together to remember. The centenary of the First World War must be a truly national moment.

Flags could be flown at half-mast in Newham and across the country and the traditional silence at the Cenotaph in central London could be extended. But something needs to be done to mark this particular year.

I would like to see the country as a whole, including the main political party leaders, military, teachers and school children all contribute to a debate about how marking Remembrance can bring the country together. This way, we build on the shared spirit of this year's Diamond Jubilee, Olympics and Paralympics together.

This year there are four Remembrance Services in Newham on Sunday 11 November:



- East Ham Cenotaph, Central Park, High Street South, E6. at 10.55am
 - All Saints West Ham Parish Church, Church Street, E15 at 10.40am
 - St Mark's Memorial, Factory Road, E16 at 10.55am
 - St Luke's Memorial, Tarling Road, Canning Town, E16 at 10.30am (tbc)
- Further details will be available on our website www.newham.gov.uk

A sparkling night awaits residents



I can't wait for this year's free Guy Fawkes' Night display, which is taking place on Sunday 4 November at Wanstead Flats, Centre Road, E7.

The event, in partnership with the City of London Corporation, will include a new laser show which will be visible from miles around.

The gates open at 5.45pm and the display starts at 6.45pm. Entrances are on Centre Road, Dames Road and Lake House Road.

This year, to celebrate the incredible success of London 2012, the display will have an Olympic legacy theme and soundtrack, featuring a magical medley of songs.

It's always fantastic to see different generations of families enjoying themselves at our free events. This is a marvellous annual show and it's a great credit to all those who worked hard behind the scenes to make it happen. I look forward to seeing you at this year's event.

with Sir Robin Wales



School pool

Residents are invited to take the plunge at a brand new pool. Hallsville Primary School in Canning Town has volunteered to host a community pool which is open to the public six days a week until 6 December. And if you want to enjoy a dip you don't have to splash out, with swim sessions costing £2.

The new Make a Splash mobile swimming pool, delivered by Total Swimming, provides free swimming lessons to Hallsville Primary and other neighbouring schools in the borough. Throughout the week there are also a range of timetabled sessions open to the community. The 12 by six metre pool is accessible to all ages and abilities and there are changing facilities and toilets on site.

The pool was officially opened by Team GB synchronised swimmers Katie Dawkins and Katie Skelton. They spoke to children about taking part in the Olympics and what it takes to be an elite swimmer. Katie Skelton said: "I've been doing synchro since I was about seven. You've got to enjoy it, you've got to have a passion for it otherwise it becomes a chore." The pair also tested out the pool by giving a special synchronised swimming lesson to the children.



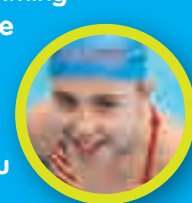
"My top two ways of swimming are the backstroke and the butterfly because I'm really good at it."



"Swimming is exercise and it keeps you fit. It's also important. If there was a flood you'd be able to swim, save yourself and not drown – that's what my dad told me."



"This is my first time having swimming lessons. I like swimming at school. It's fun because you get to swim with your friends."



Dive in

The Make a Splash pool will be at Hallsville Primary School, Radland Road, E16 until 6 December. Swimming sessions include adult and toddler, women only, casual swimming and more. As part of the Sportivate programme, the pool also holds sessions aimed at residents aged between 14 and 24. Sessions cost £2. Bookings should be made online. For more information visit www.makeasplashlondon.org

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**Register to attend the event
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www.teachnewham.co.uk**

For further information contact:

- Sarah Bartley via
trm@npw.so
- www.scittels.co.uk
- GTTR web site:
www.gttr.ac.uk

The schools in Newham are committed to safeguarding and promoting the welfare of children and young people and expect all staff and volunteers to share this commitment.

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* = £47,500 for a 25% share of full market value property of £190,000
Images of Millennium Horizon exterior and of the show apartment.

MillenniumNewhamMag



HAVE A SPOOKTA

From Guy Fawkes' Night to Mexican Day of the Dead and the witches festival of Walpurgisnacht to Halloween, the arrival of winter has always been marked with mock horror and seasonal celebration. Whether you are into scream masks, sugar skulls or things that go bang in the night, we want to make sure that everyone has a thrilling time, stays safe and out of trouble.

Fireworks can turn an ordinary evening into a magical night of wonder. But every year around a thousand people have their sparks put out by accidents, half of which occur at family events. Here are a few tips to help you stay safe:

Before the display:

- > **only buy fireworks from legitimate retailers**
- > **check the fireworks are marked with BS 7114**
- > **store fireworks in a closed box.**

During the display:

- > **light fireworks at arm's length with a taper, and stand well back**
- > **never go back to a firework after it has been lit**
- > **never throw fireworks or put them in your pocket**
- > **always supervise children**

around fireworks

- > **never give sparklers to children aged under five**
- > **store fireworks in a metal box and keep it closed between use**
- > **keep your pets indoors.**

Remember, remember

It is illegal to set off fireworks after 11pm (except on 5 November, when they can be used up to midnight, and on Diwali, which falls on 13 November, when they can be used up to 1am the following day).

Making our streets safer

When it comes to curbing anti-social behaviour (ASB), day glo yellow is the new black. Newham Council's enforcement officers have been donning their high vis jackets and supporting the police with their fight against ASB. Using mobile and personal CCTV as well



ACULAR AUTUMN

as intelligence from residents, anyone who uses Halloween or Guy Fawkes' Night as an excuse for causing hubble bubble, toil or trouble could find themselves on the wrong side of the law.

It is illegal to intimidate or harass someone with a firework, use fireworks in an anti-social way or cause damage with them. It is also illegal to sell fireworks to people under the age of 18. These crimes can be punished with an £80 fixed penalty notice, a fine up to £5,000 or imprisonment.

Key numbers

Repr t ASB on **020 8430 2000**

Repr t a none mergency crime on **101**

h an emergencyc all **999**

Did you know?

FixedP enaltyNt ices (FPN): From littering to unlicensed street trading, if you behave anti-socially you could receive an £80 FPN. Enforcement officers are pounding the streets to catch people who think ASB is OK. Let off illegal fireworks, break the firework curfew, throw flour and eggs or harass the public and you could have to explain your actions to the police.

ight on camera: Our enforcement officers wear uniforms fitted with small cameras that provide high quality video and sound that capture wrong doers in action. The evidence is stored securely on a central server and can be used to support police or council investigations and prosecutions.

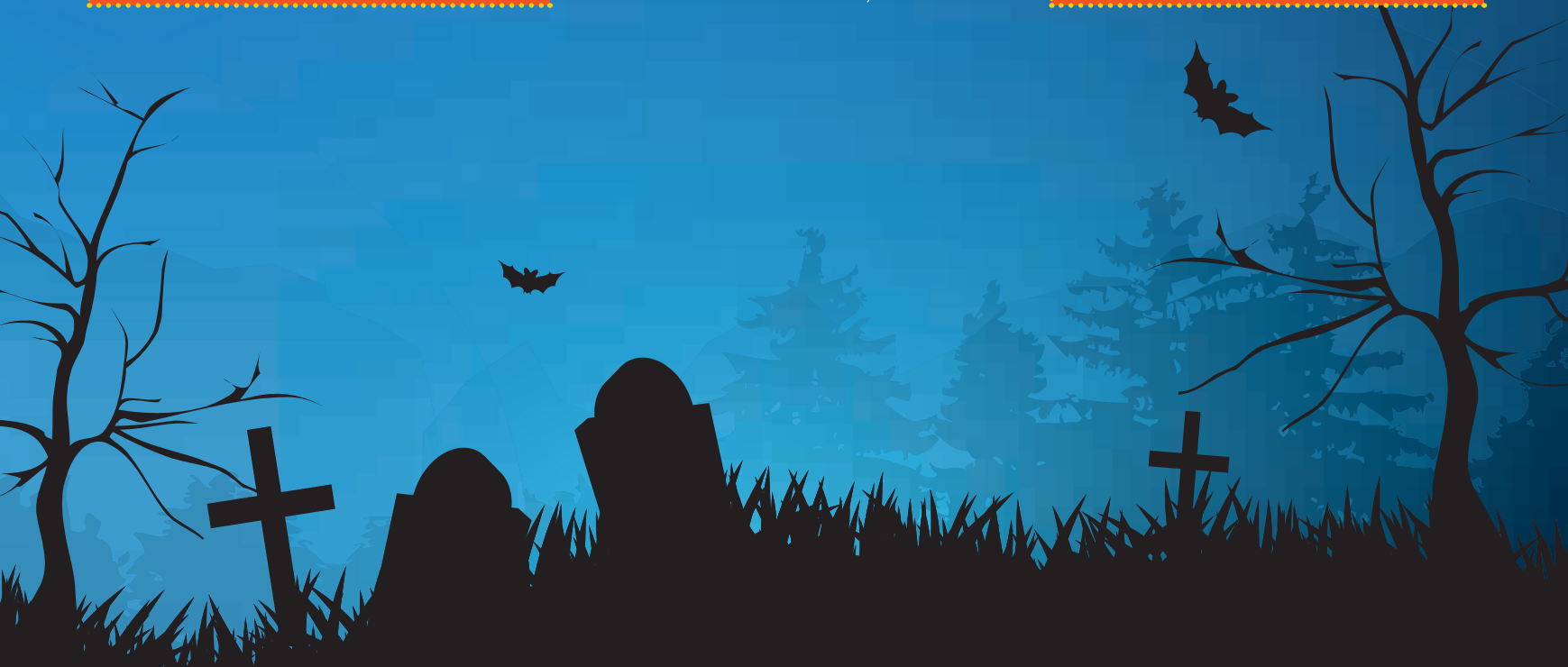
uph igh: Newham Council operates around 250 CCTV cameras, 70 of which

can be moved anywhere around the borough. These cameras are monitored 24/7 with our officers alerting the police to any suspicious activity.

Fireworks for free

the best way to enjoy fireworks safely is at an organised display bringing your friend and family along to our annual free Guy Fawkes' Night event which takes place on Sunday 5th November at Wanstead Flats, Centre Road, E7 Gates open from 12pm and the display starts at 8pm.

For more information visit www.newham.com



Happy ever after

We are looking for people who can provide a loving, permanent home to a child who can not be brought up by their birth parents. If you think you have what it takes to be a great parent, and have the time and space in your lives to care for a child, you should adopt.

Newham's adoption service is looking for people from all walks of life and backgrounds to consider adoption, particularly if you can offer a home to a sibling group, an older child, or a child who has special needs.

Can I adopt?

You need to be aged over 21. There's no upper age limit, but your age is taken into consideration if you want to adopt a baby. There are many older children that need loving homes and we will always consider you for them.

Does my background count?

No. You can be from any ethnic, religious or social background.

Do I have to be married?

No. Whether you're married, in a civil partnership, single, divorced or living with your partner you can still adopt. Also, your sexual orientation doesn't matter.

Do I have to own my home?

No. You can adopt whether you're renting a home or own it, but you need to have space to accommodate a child. You must also be financially stable.

Find out more

To mark National Adoption Week, Monday 5 to Sunday 11 November, we're inviting you to find out more about adoption.

From 5 to 9 November, between 10am and 4pm, the adoption team will be at Westfield Shopping Centre, Stratford City, E20. Head to Millies Cookies on the lower ground floor, opposite Boots to find out about adopting. If you can't make it, call freephone 0800 0130 393 and speak to someone about adopting a Newham child or email adoption.fosteringrecruitment@newham.gov.uk.



Independent Person required London Borough of Newham

The way that Newham Council deals with complaints about the conduct of its elected and co-opted Members is changing due to the provisions of the Localism Act 2011.

The Act provides that the Council must appoint at least one Independent Person to assist the Council in promoting and maintaining high standards of conduct amongst its Members.

Newham is looking to recruit one Independent Person plus a deputy to provide an important service to the Council and contribute to maintaining the high ethical governance standards of the authority.

The Independent Person will be consulted on the decision on whether to investigate a complaint

about conduct. They will also be consulted before the Council makes a decision on a complaint which has been investigated. The Independent Person may be consulted on other standards matters, including the Member who is subject to an allegation.

The Independent Person will liaise, as necessary, with the Council's Monitoring Officer (in accordance with the Council arrangements for dealing with complaints of a breach of the Members' Code of Conduct) to consider complaints about Members and offer their impartial views on the matter, including any investigations undertaken.

The Independent Person will also be expected to attend meetings for the Council's Standards Advisory Committee to participate in the

consideration and discussion of wider ethical governance issues affecting the Council.

The position is voluntary, however expenses for travel and subsistence will be paid.

Full details of the role and responsibilities of the Independent Person are available in the recruitment pack. For more information and to request a recruitment pack contact:

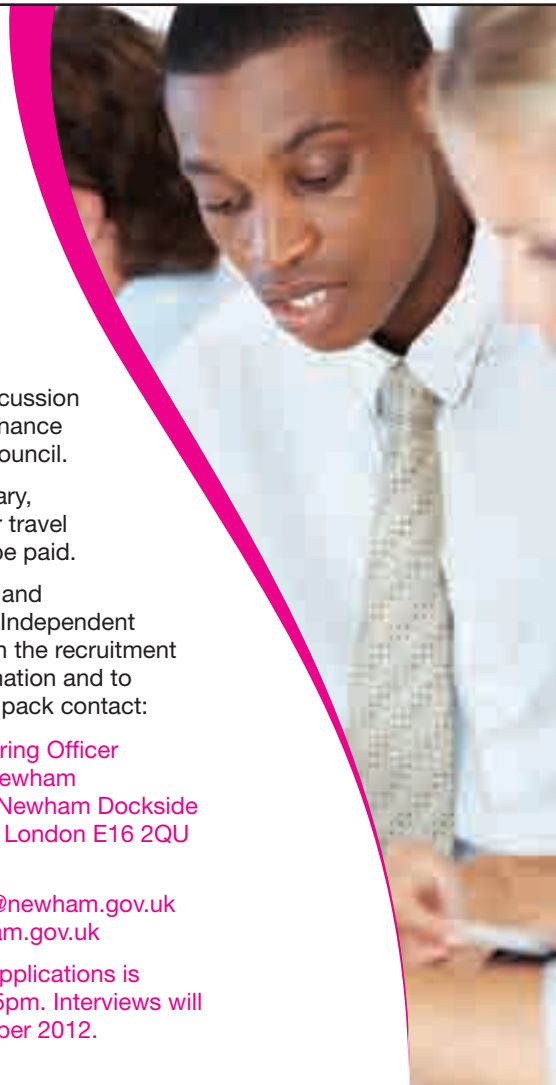
Helen Sidwell, Monitoring Officer
London Borough of Newham
3rd Floor, East Wing, Newham Dockside
1000 Dockside Road, London E16 2QU

Tel: 020 3373 9231

Email: Helen.Sidwell@newham.gov.uk

Website: www.newham.gov.uk

The closing date for applications is 9 November 2012 at 5pm. Interviews will be held on 21 November 2012.



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Picture perfect

This has been a summer to remember. Across the borough residents came together to celebrate the Games, enjoy our free events and mark special occasions with community celebrations. We invited you to capture these historic moments in a special photography competition, with a top prize of £1,000.

Split into three categories, the Capturing Newham competition saw people, places and landscapes put in the frame. A prize of £1,000 was up for grabs for the winner of the adults' competition, with £500 of photography equipment for each winner of the junior competition.

With more than 300 entries overall, the judges had their work cut out to pick the winners. Finalists were chosen and the following people were announced as winners:

Mayor of Newham, adult category:
Hayley Dawson, E6 GB Fan

"The Olympics have provided an unmissable opportunity to capture moments and the people that make them, inspiring me to never put my camera away."

Young Mayor of Newham, 11 to 13 category: **Katrina Jablonovska, E16**

"The Olympic Games represent friendship and mutual helpfulness. I was inspired by the responsiveness of people and the unity around. I am proud that I live in Newham."

Young Mayor of Newham, 14 to 18 category: **Zarah Kanwal, E6**

"The Olympics are a once in a lifetime opportunity. What are the olympics? Well, to me, it's not just about different people from different countries showing their talents. It's about people all uniting and becoming one, an opportunity no one wants to miss."

Hayley Dawson, 23 from East Ham, discovered her passion for photography after realising how many holiday pictures she'd always come back with. It started off with a competition between herself and her dad to see who could take the best pictures. Hayley found out about the photography competition through the *Newham Mag* and with the support of her family and boyfriend decided to enter.

She said: "I was so excited when I found out I

won. My family are really happy for me. My winning entry was inspired by an amazing day at the Olympic Park. On the way home from the athletics everything was lit up and I saw this opportunity, turned round and thought it was perfect for a picture. I've decided to spend my money on my photography career."

Hayley has been given £1,000. Katrina Jablonovska and Zarah Kanwal will both receive £500 of equipment to help them develop their photography skills.



Hayley with her winning entry



Winners

- 1** Adult Winner
2 11 to 13 category
3 14 to 18 category



- 1** Hayley Dawson, **2** Katrina Jablonovska, **3** Zarah Kanwal, **4** Chetan Varsani, **5** Sanjay Chablani, **6** Hayley Dawson
7 Deivydas Lekavicius, **8** Linda Morrissey, **9** Phoebe Da Silva, **10** Julie Newman, **11** Phoebe Da Silva.

Newham

This has been a year full of celebration – and it's not over yet. From The Queen's Diamond Jubilee to the Olympic and Paralympic Games, across the borough the community has been coming together to party.

As part of our Let's Get the Party Started campaign, residents have been celebrating with exhibitions and egg and spoon races, street parties and salsa dances. If you have an idea that brings people together, we can help make it happen with a grant of up to £500. Take some inspiration from the residents here and get party planning.

Harvest Market

Gardening and cooking was the inspiration behind a celebration of local food. A mini farmers' market, organised by Philippa King, was held on Barking Road, with support from Memorial Community Church, the Swift Centre, and the Cornerstone Café. The event

brought gardening and cooking enthusiasts together.

As well as locally-grown fruit, flowers, plants, herbs and veg, there were also home-made preserves, honey, cakes and craft items, including handmade bags, for sale.

Children enjoyed face painting and free activities, including a discovery trail with a bulb or packet of seeds for everyone taking part. Philippa said: "It was a great day. The weather was sunny and everyone enjoyed themselves."

Hitting it off at Flanders

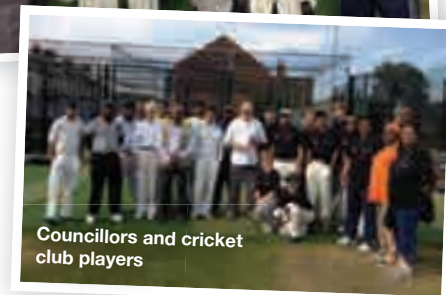
The sound of leather on willow rang out at Flanders Field in East Ham when a team of residents and Newham Cricket Club players took on Newham councillors in a community cricket match.

The special event was organised by Newham Cricket Club and Bonny Downs Community Association, with support from East Ham Women's Forum and the Canberra Children's Centre.

The match was won by the councillors. Councillor Lakmini Shah, community lead councillor for East Ham, said: "We hope the match can become an annual fixture."

Newham Cricket Club provides regular coaching sessions.

For more information email newhamcricketinfo@googlemail.com



Councillors and cricket club players

Celebrates

West Ham gets the rugby started

More than 2,000 people watched an Olympic sport of the future when East London Rugby Football Club (RFC) in West Ham hosted a huge rugby sevens tournament. Teams travelled from as far as Corby in the North and Surrey in the South.

East London RFC provided a barbecue, music and children's activities to support the thrilling action on the pitch, where 21 teams played fast and furious seven-a-side rugby, which will be introduced at the Olympic Games in Rio in 2016.

The cup competition was won by Old Johnians RFC, the trophy went to Stewarts and Lloyds RFC and the plate to Lithuanian Rugby, who are based at East London RFC.

On Barratt of East London RFC said: 'It was a great event enjoyed by all. It really showed what is possible when people work together.'



Cllrs Marie and Bryan Collier with the Old Johnians

Get your party started

Our Let's Get The Party Started campaign is far from over. You have until the end of the year to hold a community get together and you could receive up to £500 from Newham Council to make it happen. You come up with the idea and we'll give you the know how. Visit www.newham.gov.uk/party to download an application form and find out more.



Micro-enterprise is big business

Residents gathered to share their big ideas for small businesses at the Newham Micro-Enterprise Project event, Enterprise for All.



The event began with introductions by a range of speakers explaining how residents could turn their enterprise dreams into a reality, with examples of how disabled entrepreneurs had set up their enterprises. After being inspired by words of wisdom from the experts,

Executive member for equalities and social inclusion, Councillor Neil Wilson, said: "This project is about empowering people in Newham by developing their skills and giving them the right support to start up an enterprise. Whether you want to develop a health or social care service, like a lunch club, or if you are a disabled person and want to set up your own micro-enterprise I would encourage you to take advantage of this fantastic opportunity."

A micro-enterprise is a small service with five or less full time workers and is independent of a larger organisation.

Set up by Newham Council, the project aims to develop, encourage and grow health and social care support services in the borough. It also helps older and disabled people to set up their own micro-enterprises.

Enterprise for All, held at THE hub in Canning Town, was aimed at disabled people, their supporters and family members.

participants broke into groups for a series of workshops designed to identify their existing skills, develop their ideas and overcome any challenges. Attendees were given support developing business ideas including: a pet shop, jewellery design and card making.

**you missed the event and
would like to find out more
Visit [www.newham.gov.uk/
microenterprise](http://www.newham.gov.uk/microenterprise) or email
micro-enterprise@newham.gov.uk**



A Dangerous Lady comes to Theatre Royal

A new adaptation of Martina Cole's international bestseller Dangerous Lady hits the stage at the Theatre Royal Stratford East this month. The explosive drama is set in London's underworld and stars actress and Stratford resident Claire-Louise Cordwell, who took time out from her rehearsals to blow the smoke from her gun and speak to the Newham Mag.

Claire-Louise plays Maura Ryan, a girl who longs for the simple things in life: including a family of her own. Instead she is defined by a traumatic experience and, led by grief, becomes a ruthless gangster. She said: 'I had read Dangerous Lady, but the play is different. It starts in the sixties and spans three decades. We've done a huge amount of research on the

changing roles of women, not just in terms of the clothes they wore, the kind of lives that they had, but right down to the detail of how they moved and spoke."

Author Martina Cole, whose work has graced the Theatre Royal twice before, has worked closely with Patrick Prior who adapted the book for the stage. She will be taking part in a meet the author and cast' session after the performance on Thursday 8 November.

Claire-Louise describes the play as: 'A night out that you will remember. Expect to have a great night at the theatre and be thoroughly entertained. The cast are absolutely fantastic. And for anyone who has lived through the eras it'll take you right back.'

Win tickets to a Dangerous Lady

To celebrate the 20th anniversary of Dangerous Lady, you could watch the play for free. To be in with a chance to win one of four pairs of tickets to see Dangerous Lady, a show programme and interval ice creams or drinks, answer the following question:

When was Martina Cole's Dangerous Lady first published?

A) 1912 B) 1942 C) 1992

Email your answer with your name and contact number to newham.mag@newham.gov.uk or send it to Newham Mag, Newham Dockside, 1000 Dockside Road, London E16 2Q.

Competition closes 12noon on Friday 2 November.

Dangerous Lady runs at Theatre Royal Stratford East until Saturday 17 November. You can also buy your tickets online at www.stratfordeast.com, at Theatre Royal Stratford East, Gerry Raffles Square, E15 or by calling the box office on **020 8534 0310**.

(L-r) Claire-Louise
with Martina Cole



Newham in pictures



1 Tea for two is the order of the day at Red Door Studios, Masterman Road, E6. **2** All assembled for a special thank you assembly. Vicarage School, E6, is congratulated for its role in this year's Newham Carnival. **3** Employment fair at Old Town Hall Stratford is just the job. **4** Ruff and ready at the Small World Art Bistro Let's Get the Party Started event in Stratford. **5** Running rings around the entertainment at the Circlets Family Day at Stratford Circus.



This year Remembrance Sunday and Armistice Day both fall on 11 November, and to mark the occasions a number of services will be held in the borough.

Joan Flanders is vice secretary of the East Ham and District Branch of the Royal British Legion (RBL), one of four branches of the Legion that have a presence in Newham. Every year, she pins the thousands of volunteers across the country that support the work of the RBL through the Poppy Appeal.

Joan, who was born and bred in Canning Town, was only four years old when the Second World War broke out. The youngest of eight siblings, her most vivid memory of this time was: "Being

evacuated to Somerset, which I didn't like." Tragically, her brother, who was in the Navy, was fatally torpedoed in the Mediterranean. When she returned to her home, life as she knew it had changed. She said: "I was very young, but I remember going down the shelter every night. The Blitz was terrible. Everything was bombed around here; everywhere was bombed. Although our house was still there, we were on rations. We didn't have anything."

How did you get involved in the Legion?

I used to work in Rathbone Market. I'd put posters in the shop window for a man in the Legion promoting membership. One

day he asked me if I'd like to go to Ypres (the battlefield where around 6,000 troops died in the first ever use of chemical weapons). When we got on the coach I realised that I was with members of the East Ham Branch. I became a member after that.

Do you have to be invited to join the Legion?

No. Anyone can join, it doesn't matter if you're a veteran or not. We raise money through an annual membership fee and we have raffles, dances, bring and buys, which also brings in some funds. The Legion is a charity and the money we raise goes towards helping former veterans, as well

A moment to remember

For many of us, war is what happens in other countries or something you see reported in the news. For others, it's something very real that they have experienced first-hand. Remembrance Sunday is a time for us all to ensure that the lives that were lost, and the sacrifices that continue to be made as part of modern day conflicts, are never forgotten.



as the troops that are serving now. Our branch meets every Tuesday evening at West Ham United Supporters Club in Upton Park – unless West Ham are playing.

What happens on Remembrance Day?

We meet at the Town Hall in East Ham and march to the Cenotaph in Central Park. We lay wreaths and I always put down a cross.

Why do you sell poppies?

I just want to do it. I don't go out and say join the Legion but people come and buy their poppies from me. Not everyone is able to help out in this way, some members are not able to, some don't do it. As well as selling poppies on the street, we take collection boxes into schools and shops. Two weeks before Remembrance Sunday I'm usually out every day in Canning Town selling poppies.

Remembrance Day services, Sunday 11 November

Canning Town: Reverend David Wade will lead a service at St Luke's Memorial, Tarling Road, E16. The service will start at 10.30am.

East Ham: At 10.35am members of the Royal British Legion will lead a procession along High Street South to Central Park, E6, where a ceremony is scheduled to take place at the Cenotaph at 10.55am.

North Woolwich: A service will take place at St Mark's Memorial, Factory Road, E16, in the grounds of Brick Lane Music Hall. The ceremony starts at 10.55am.

Stratford: Reverend Stennett Kirby will lead a service at All Saints West Ham Parish Church, Church Street, E15. Guests are advised to arrive at 10.40am for a 10.45am service.

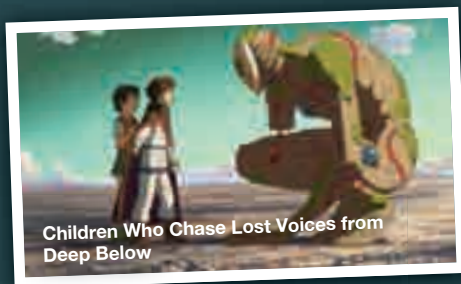
To contact the East Ham and District Branch of the RBL email EastHamRBL@btinternet.com

Beam yourself down to Stratford Picturehouse

Sci-Fi-London comes to Stratford Picturehouse for a post-apoc-olympic weekend packed with films, talks, an all-night movie marathon and a geek chic cryptic quiz.

The festival, which runs from Friday 9 to Sunday 11 November, features a selection of films about post-apocalyptic, dystopian and alternative worlds. It kicks off with the UK premiere of *The Human Race* – a 'face or die' film that makes *The Running Man* and *Hunger Games* look like episodes of *The Telly-Tubbies*.

There is a world premiere of Franz Kafka's existential classic *Metamorphosis*. Filmed by British Director Chris Swanton, who won a BAFTA for his work on *Edge of Darkness*, *Metamorphosis* follows Gregor Samsa, who wakes up one morning to find he has become a giant cockroach.



It wouldn't be a sci-fi film fest without an all-nighter, and this year you can look forward to

an anime-experience to blow your socks off. You won't need cartoon matches to keep you eyes open with manga masterpieces including: *Children Who Chase Lost Voices from Deep Below* and *Tiger and Bunny*.

With *Children Who Chase Lost Voices from Deep Below* director Makoto Shinkai has created a visual tour de force. The story is based on the myth of Izanami and Izanagi – the Japanese equivalent of Orpheus and Eurydice, a romantic tale in which Izanami travels to the land of the dead to find and rescue his sweetheart.

We have four pairs of tickets to the festival and a pair of VIP tickets to give



away. To be in with a chance of winning, answer the following question:

Which classic sci-fi film features M Spc k?

- A. Star Trek**
- B. Star Wars**
- C. Star 80**

Send your answer by Tuesday 6 November email to newham.mag@newham.gov.uk or by post to Newham Mag, Newham Dockside, 1000 Dockside Road, London E16 2QJ.

Post-apocalyptic pub quiz

Featuring:

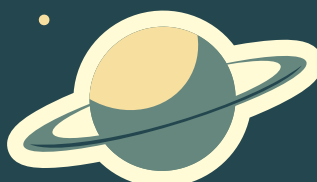
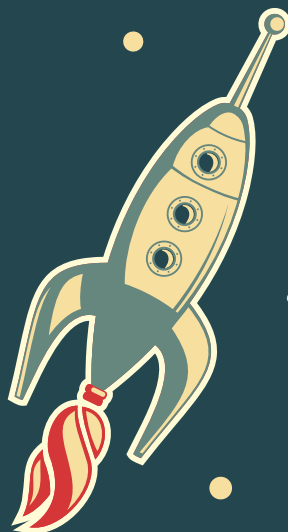
- > apocalyptic survival masterclass
- > questions on the end of the world as shown on film, TV, and computer games
- > great prizes, which may not include a cricket bat, shotgun or gas mask...

on Sunday 11 November

Tickets are priced from £1 to £25 and are available from Stratford Picturehouse. Call **0871 902 5740** or book online at www.picturehouses.co.uk/cinema/stratford_london

NOW SHOWING

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- Understanding & commitment to Early Years Foundation Stage

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£7.00 per hour

Our Centre is in North Woolwich
Buses 473 , 474 & DLR King George V are all very near
Closing date for returned applications: 7th November 2012 by 5.00pm

For further information & an application pack

call: 020 7476 9922

email: admin@rdlac.org.uk

Albert Road. North Woolwich E16 2JB



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Gliddon Road Barons Court London W14 9BL

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For more information and to register as a group or as an individual visit www.usgirls.org.uk/UsGirlsRocksFestivals

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www.usgirls.org.uk [/UsGirlsGetActive](https://www.facebook.com/UsGirlsGetActive) [@UsGirlsTweet](https://twitter.com/UsGirlsTweet)

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Subsidised compost bins limited to 1 per household. Offer ends 31 March 2013.

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composting.com**

RIGHT TO CANCEL - If you are not 100% delighted with the products we deliver to you we are happy to offer an exchange or refund. Please contact us within 30 days of receipt and we will advise you how to return the goods. If you require our carrier to collect the goods a £5 charge will apply. Your statutory rights are not affected.
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Got something to
shout about? Email your
ideas to [newham.mag
@newham.gov.uk](mailto:newham.mag@newham.gov.uk)

YOUR SPACE

where young people take control

SAVE CITIZENSHIP

Year 11 student and Youth Councillor Khadeeja Shahid from Eastlea Community School, E16, is standing up for citizenship. Khadeeja explains why this is one lesson everyone should be able to learn.

"Citizenship is the only subject that teaches about our rights as citizens, informs us about the social and political world, and most of all allows us to take responsibility for how we act as individuals.

"The government is currently deciding the fate of citizenship. They want to scrap the subject from all UK secondary schools. Along with class mates Bilal Raza Khan, Anoodh Shaik and Dhibla Mahamud, I want to secure citizenship in our school and then campaign nationally for it to continue to be taught.

"Citizenship prepares the young people of today to become active citizens of tomorrow."

"After this academic year, young people may not have the opportunity to study this great subject. We feel it's important for young people to leave school or college with political, legal and economic literacy, and the social and moral awareness that will enable them to thrive in adult society.

"For us, citizenship helps us develop self-confidence, it gives us a voice in schools, our community and in society at large; it enables us to make a positive contribution. This prepares us for the challenges and opportunities of adult and working life.

"Citizenship prepares the young people of today to become active citizens of tomorrow. This issue means a lot to us so we've invited our local MP Lyn Brown to our school to persuade her to take our issue into parliament.

"We need the support of the public to show the people in power that we are not the only ones who feel this way. You can support our campaign by speaking to your school teachers and MPs. Together we can save citizenship."

Khadeeja Shahid



License your property now

If you are a landlord or managing agent in Newham you will need to license your rental property.

Apply online now and a licence will cost £150. After 1 January 2013 it will cost £500.

Failure to apply for a licence by the end of December 2012 will be an offence and may lead to a fine of up to £20,000 per property.

For more information and advice, or to apply for a licence visit:

www.newham.gov.uk/propertylicensing

Alternatively, contact the Property Licensing team on 020 3373 1950.

a place where people choose to
live, work & stay



Council Tax Support Scheme proposal tell us what you think

The Government is set to replace the current Council Tax Benefit with a Council Tax Support Scheme on 31 March, 2013. Each council has to develop its own scheme and will have 10 per cent less funding from Government to pay for it – around a £3.6m shortfall for Newham Council.

This will affect you if you need help paying your Council Tax now or in the future.

Let us know what you think:

- complete the online survey at www.newham.gov.uk/CTS
- call **0800 358 0337** to request a paper copy or visit one of Newham's libraries.

The consultation ends on **Monday 10 December 2012.**

Visit www.newham.gov.uk/CTS for further information.

We are interested in the views of all residents, whether they claim Council Tax Benefit or not.





Street sport celebration

Now the Games are over, if you're missing your daily dose of sport and are aged 12 to 16, make like an aspiring athlete and enjoy a free day out at the London Regional Street Games Festival 2012.

On Friday 2 November from 10am-4pm there's an action-packed day of activities at Newham Leisure Centre, Prince Regent Lane, E13.

The London Regional Street Games Festival will see young people from Newham come together to try a range of sports, battling it out with their counterparts from sports projects across London.

From 10.30am-12.30pm, there will be taster sessions in:

- BMX
- wheelchair basketball
- judo
- street dance
- rugby
- athletics
- box fit.

In the afternoon more competitive visitors can take part in football and handball competitions, with prizes for the winning teams.

The event is free but **places are limited**. Register by emailing lisa.brivati@newham.gov.uk or calling 020 3373 0301 before Wednesday 31 October to secure your place.

The London Regional Street Games Festival brings together neighbourhood sports programmes (NSP) from across the capital. Newham's NSP gives you the chance to get active, try something new or develop your sport skills.

Sessions are for ages eight upwards, with most activities free. Here is a sample of some of the sports on offer:

Volleyball

Ages 11 to 18

Mondays, 3.30-5pm, Royal Docks Community School, Prince Regent Lane, E16

Rugby

Ages 10 to 16

Tuesdays, 4-6pm, Memorial Park, Memorial Avenue, E15

Multi sports

Ages 16 to 19

1-3pm

Multi Use Game Area, Stratford Park, West Ham Lane E15

Soca aerobics

All ages

Mondays, 6.30-8.30pm

Forest Gate Youth Zone, Woodford Road E7

Family games activities

All ages

Saturdays, 10.30am-12.30pm

Cumberland School, Oban Close, E13

12.30-2.30pm

Beckton Globe, Kingsford Way E6

For more information on sports and activities email

getactive@newham.gov.uk

or visit **www.newham.gov.uk/nsp** for full listings.

Free for over 50s

If you're over 50, love arts, dance and entertainment - come along to The Forgotten Folks at Beckton Community Centre. This month IROKO, the African Theatre music and dance company, will be performing and running activities.

The monthly Forgotten Folks sessions run from **10am-12noon at Beckton Community Centre, East Ham**

Manor Way, E6. To book a place call **020 8522 1950**. You can also find out more about IROKO by visiting www.irokotheatre.org.uk



Star at SportsDock

Paralympian Tim Prendergat inspired youngsters at SportsDock when he took part in a Sportivate wheelchair basketball session.

Tim said: "It is great to be part of something that is engaging people through sport. This is a really good scheme and will hopefully give people the chance to try either an Olympic or Paralympic sport."

Launched in September,

Sportivate is an eight week programme of free sports for young people aged 14-25 years old, including Paralympic sports, badminton, football, judo, cardio tennis, gymnastics and more.

To book a place on a Sportivate course, call **020 8223 6888** or visit SportsDock reception at University Way, E16. Spaces are limited.



Tim Prendergat (middle) with young people at SportsDock

Punk rock chic is a winner

A local teenage designer has triumphed in a competition at London Fashion Week.

The 17-year-old was one of 25 teenagers from London and Manchester selected by charity FAD to create designs for a show in Covent Garden on the theme of Great British Design.

Denea Joseph, 17, from Newham College of Further Education impressed with her wearable leather and suede splatter-print dress featuring 70s punk safety-pin detailing and pinched waist to collect the Commercial Design award.



Denea Joseph (right) with model on the cat walk

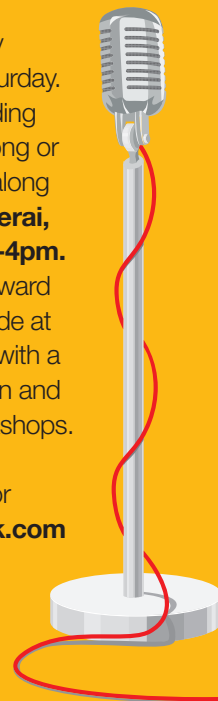
Free entertainment at Caravanserai

Open Mic is a free, community event for local talent every Saturday. It's open to all. If you're a budding musician waiting to strum a song or sing a sweet melody – come along to **Canning Town Caravanserai, Silvertown, E16 from 10am-4pm.**

And that's not all to look forward to. You can indulge in local trade at a bootsale, sit back and relax with a picnic in the community garden and find out about upcoming workshops.

For more information visit, **www.caravanserai.org.uk** or email, **caravanserai@ashsak.com**

Find them on twitter **@CTCaravanserai**



Donate to the Baby Bank



Do you have unwanted kid's toys or clothes that your babies are too big for? Why not donate them to the Baby Bank.

Oliver Thomas Children's Centre has a Baby Bank which passes your hand-me-downs to Newham parents and carers in need.

The centre which is used daily by parents, carers, social workers, health visitors and midwives, is running low on donations, so if you can donate anything, from cots and high chairs to books and buggies, why not drop it off.

Contributions are welcome Monday to Friday, 9am-4pm at Oliver Thomas Children's Centre, Mathews Avenue, E6. For more information call 020 8821 0997.

Legend Jackson's iconic display



Dozens of iconic costumes and fashion artefacts used by pop legend Michael Jackson have gone on display in Newham.

Westfield Stratford City is the exclusive UK-only host of The Collection of Tompkins and Bush: Michael Jackson Wardrobe.

It features personal and concert tour wardrobe items worn by the singer. Highlights include his iconic right-handed crystal covered glove and a suit from the 1987 Smooth Criminal video.

The collection is located in the Getty Images Gallery on The Street until 17 November.

Newham residents can get 25 per cent off tickets usually costing £10. Just quote WS C Local Resident' when buying your ticket. To find out more visit **www.uk.westfield.com/stratfordcity** and check news and events.

Kids' Corner



PLEASE SEND YOUR DRAWINGS,
JOKES AND POEMS TO:
**KIDS' CORNER, WEST WING
4TH FLOOR, NEWHAM DOCKSIDE
1000 DOCKSIDE ROAD, LONDON E16 2QU**
OR EMAIL THEM TO
newham.mag@newham.gov.uk

Don't forget to write your name, age, address and daytime
contact telephone number on the back of your entry

GALLERY



Abdurrrhman, 9



Fareena Farukh, 10



Kajani, 7



Thawhida Chowdury, 10

Free membership at Stratford Picturehouse

This issue's winner receives free annual family membership at Stratford Picturehouse, which includes free tickets and discounts on films.

To be in with a chance of winning this or another great prize send your pictures, jokes and poems to **Kids' Corner, West Wing, Fourth Floor, Newham Dockside, 1000 Dockside Road, London E16 2QU**. Don't forget to write your name, age, address and daytime contact telephone number on the back of your entry. **Good luck!** Visit www.picturehouses.co.uk to see what's on.



Stratford Picturehouse, Theatre Square, E15

Colour-me-in Wordfit

Jokes

What did the snake say when he was offered a piece of cheese for dinner?

Thank you, I will just have a slither.

What do you get when you cross a telephone with a pair of pants?

Bell-bottoms.

What do you get if you cross a telephone with an iron?

A smooth operator.

Ayaz Mohammedoh, 7

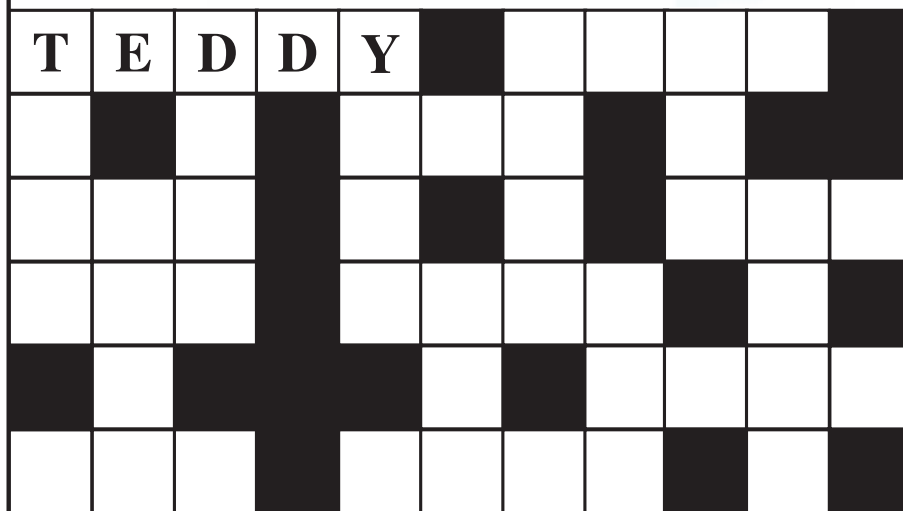
Winner

3 letters

AXE
NUN
SPY
STY
SUP
URN
WOW
YES

4 letters

DAWN
EDDY
NUTS
OUST
SNAP
TOWN
UNDO
WENT
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YAWN



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26 OCT – 9 NOV

OUR THRILLING THREE...

1 Reading for Pleasure Explore great literature. Free five-week course for adults. From Thursday 1 November, 6-8pm, Stratford Library, The Grove, E15. Call 020 8536 5555.

2 Bring A Friend Day Free activities for over 50s. Monday 29 Oct, 2-6pm, Katherine Road Community Centre, 254 Katherine Road, E7. Call 020 8536 5555.

3 Nearly New Sale Charity event, £1 entry. Saturday 10 November, 11am-12.30pm, New City Primary School, New City Road, E13. Email newhamnns@yahoo.co.uk or visit www.nct.org.uk/nns

MENTION THE MAG...

Slip on your dancing shoes and twist away Monday morning blues with ballroom dancing. If you love to jive, want to learn the cha cha or fancy getting fit with the foxtrot, come along to St Paul's Church Centre, Burges Road E6, for beginners ballroom.

Classes are coached by professional dancers and run every Monday, 10am-12noon. All ages and abilities are welcome. Shake, rattle and roll or lindy hop your way down for a free taster session.

Sessions usually cost £2.50, but take along this copy of the Newham Mag and enjoy your first session for free.

For more information call 07761 209 463. Offer ends 30 November. There will be no classes on 5 November.



TRY SOMETHING NEW... NEWHAM'S BIGGEST LEAF PILE

Raking up autumn leaves doesn't have to be a chore if you join the Friends of West Ham Park and help build Newham's Biggest Leaf Pile.

The annual event is free and open to all. Slip on your wellies, wrap up warm and head down to **West Ham Park, London Lane, London Saturday 10 November, 10am-12pm**, with your family and friends. You can also enjoy a guided walk through the park and make your own Green Man mask using natural materials.

For more information on Friends of West Ham Park, visit www.friendsofwesthampark.org.uk email parks.gardens@cityoflondon.gov.uk or call 020 8472 3584.



ARTS AND ENTERTAINMENT



Comedy night

Free entertainment every Mon 8pm, Theatre Royal, Stratford East, Gerry Raffles Square, E15. Visit www.stratfordeast.com/comedy-night

Mini Musical Makers

Free music and story building sessions for children and parents with Newham Academy of Music. Wed afternoons, Discover Story Centre, 383-387 High Street, E15. Call 020 8536 5555. Mon mornings, The Hartley Centre, 267 Barking Road, E6. Call 020 7540 692.

Places are limited, please book before attending

Photographic Exhibition

Free. Refreshments will be provided.

Sun 11 Nov, 5-9pm, Newham African and Caribbean Resource Centre, 627-633 Barking Road, E13. Email tonycfoundation@yahoo.co.uk or call 07515 962 494.

COURSES



Do it Online

Basic computer sessions for all. All sessions take place at local libraries. You must book in advance.

Tues, 10am-12noon Green Street
Wed, 10am-12noon, Stratford
Thurs, 10am-12noon, Canning Town
Fri, 10am-12noon and 2-4pm, East Ham and Plaistow

Free computer course (19+)

Until 7 Jan 2013.

Mon-Thurs, 10am-5pm, Fri, 10am-1pm, Jack Cornwall Community Centre, Jack Cornwall Street, E12. Call 020 8536 5555.

07943 887 612/
07507 173 272

Knit & Natter

Craft group for men and women of all ages and abilities, at local libraries.

Weds, 10am-12noon,
Beckton Globe

Fri, 10am-12noon, Canning Town

UNDER FIVES LIBRARY ACTIVITIES



Open to under fives with their parents/carers. All sessions take place at local libraries.

Crafts Club

Tues, 10.30-11.30am,
Manor Park

Toy Library

Tues and Thurs,
10am-12noon, East Ham

Imaginative Play

Fri, 10.30-11.30am, East Ham

Storytelling

Mon, 10.30-11.30am,
Canning Town

Tues, 10.15-11.15am,
Custom House

Tues, 11am-12noon, Plaistow

Tues and Fri, 11am-12noon,
Stratford

Wed, 2-3pm, East Ham

Thurs, 10.30-11.30am,
Manor Park

Thurs, 2-3pm, North Woolwich

Thurs, 10.30-11.30am,
Green Street

Fri, 10.30-11.30am,
Beckton Globe

Fri, 11am-12noon, The Gate

YOUNG PEOPLE'S LIBRARY ACTIVITIES



All sessions take place at local libraries.

Homework Club

For young people aged 7 to 14.

School term only.

Mon, 4-6pm, Stratford, East Ham and North Woolwich,
3.30-5.30pm

Tues, 4-6pm, Beckton and
The Gate

Thurs, 4-6pm, Canning Town,
Custom House, Manor Park
and Plaistow

Games Clubs

Free activities such as Sony PS3, Xbox 360, Wii games, board games and more for all children aged 8-13.

Mon, 3.30-5.30pm, Canning Town and Manor Park

Tues, 3.30-5.30pm, Custom House and East Ham

Teen Xtra Evenings

Free activities for ages 12-21.

Thurs, 6-8pm, The Gate

ADULT LIBRARY ACTIVITIES



All sessions take place at local libraries.

Writers' Group

Tues 30 Oct, 5.45pm-7.45pm,
The Gate

Adult Reading Groups

Thurs 1 Nov, 6.45-7.45pm,
Plaistow

Tues 6 Nov, 6.30 - 7.30pm,
The Gate

Over 50s Club

Thurs, 10am-12noon,
Beckton Globe

ICT Surgeries

Thurs, 10am-12noon, The Gate

EXTRA ACTIVITIES



Royal Docks Learning & Activity Centre

All sessions cost £1 unless specified otherwise.

Mon, Mother and Toddlers,

9.30-11am

Tues, Bingo, 10am-12noon
Over 50s Computer Classes,
10am-12noon

Healthy Cooking Group,
10am-12noon

Weds, Salsa Classes,
10.30-12noon

Sewing Classes, beginners 10-11.30am and intermediate
11.30am-1pm

Thurs, Tai Chi, £2,
10.30am-12noon

Sessions take place at Royal Docks Learning and Activity Centre, Albert Road, North Woolwich, E16.

Call 020 7476 1666

LGBT Community Group

For over 50s. Snacks and refreshments provided.

Every third Tues of each month, 4-6pm, Community Resource Centre, 200 Chargeable Lane, E13. Call 020 7239 8055

Dirty Hands Project

Grow your own fruit and vegetables. Open to all.

First Sat of each month, 10am-2pm, Valetta Grove, (opposite Plaistow tube station) E13. Visit www.dirtyhandsproject.org.uk email dirtyhandsproject@gmail.com or 07961 674 210

Pilgrims Way market

Sat, 12noon-5pm,

Pilgrims Way, E6. Email street.markets@newham.gov.uk or visit

www.newham.gov.uk/markets or call 020 8475 8971

BASKETBALL



Youngbloods Basketball

All sessions cost £1.

U12s, mixed

Sat, 1-3pm, East Ham Leisure Centre, E6

U13/14s, boys

Mon, 6-8pm, St Angela's School, E7

Tues, 5.30-7.30pm Newham Leisure Centre, E13

U14s, girls

Mon, 4.30-6pm, St Angela's School, E7



Basketball

Tues, 5.30-7.30pm, Newham Leisure Centre, E13

U15/16s, boys

Tues, 6-8pm, East Ham Leisure Centre, E6

Fri, 6-8pm,
St Angela's School, E7

U17/18s boys

Tues, 8-9.45pm, East Ham Leisure Centre, E6

Thurs, 7-9pm, St Bonaventure's School, E7

Fri, 6-8pm,

St Angela's School, E7.

Call 07958 307 657

Newham All Star Sports Academy (NASSA)

All sessions take place at UEL, Docklands Campus, University Way, E16. Sessions are £1 unless indicated otherwise

Visit www.nassasports.org.uk

Wed, 4.20-6pm, U13-14
6-8pm, U16-18

8-10pm, Senior Men

Thurs, 4.20-6pm U13-14

6-8pm, U16-18

8-10pm, Senior Women, £2

Fri, 4.20-6pm, U13-14

6-8pm, U16-18

8-10pm, Senior Men Run, £2

Sat, 10.20am-12.20pm, junior boys and girls, 8-14, £2

Call 07703 503 995

or 07712 176 301

National League

Mon, 6-8pm, U13/14s,
Rokeby School,

Barking Road, E16

Tues, 6-8pm, U15/16s

Rokeby School,

Barking Road, E16

Thurs, 4.30-6pm,

U13/14s boys, U14s girls,

Newham Leisure Centre,

Prince Regent Lane, E13

6-8pm, U16s,

Newham Leisure Centre,

Prince Regent Lane, E13

6-8pm, U18s, Cumberland

School, Oban Close, E13



Crafts Club



Athletics

Gifted and Talented

Fri, 4.15-5.30pm
Cumberland School,
Oban Close, E13

Basketball Session

Sat, 10am-12noon
Newham Leisure Centre,
Prince Regent Lane, E13

Senior Men/Women Programme

Mon, 7.30-9.30pm
Division 2 Women and Division
3/4 Men. Rokeby School,
Canning Town, E16
Call 07947 401 616

FOOTBALL



Mayor's Football League

8-16s, Mon, 4-6pm
Newham Leisure Centre,
Prince Regent Lane, E13

4v4 Football

8-19s, Wed, 5-7pm
Stratford Park MUGA,
West Ham Lane, E15

5v5 Football

8-19s, Fri, 5-7pm
Royal Victoria Gardens,
Pier Road, E16

4v4 Football

8-19s, Fri, 5.30-7pm
Snowhill MUGA,
High Street North, E12

5-a-side Tournaments

(First Sat of the month)
U12s/U14s/U16s, Sat,
10am-1pm
Plasnet Park, Plasnet Grove, E7
8-19s, Wed, 7.30-9pm.
Winsor community MUGA,
Manor Way, E6
Call 020 3373 4119

WHU Kickz (free)

Mon, U14s, 4-5.30pm
15+, 5.30-7pm
West Ham United Community
Astro Turf (Beckton), E6
11-18s, 5-8pm
Forest Gate Youth Centre, E7
Tues, U14s, 4-5.30pm
15+, 5.30-7pm
West Ham United Community
Astro Turf (Beckton), E6
11-18s, 6-9pm
Priory Park MUGA, E6
Wed, 11-18s, 5-8pm
Priory Park MUGA, E6
Thurs, 11-18s, 4-7pm
Priory Park MUGA, E6
Fri, U14s, 4-5.30pm
Girls 11+, 5.30-7pm
West Ham United Community
Astro Turf (Beckton), E6
11-18s, 5-8pm
Forest Gate Youth Centre, E7

Air Football 16+

Tues, 1-3pm,
Stratford Park, E15
Fri, 3-5pm, Beckton
Powerleague, E6. Visit
www.airfootball.co.uk

Ascension Football Academy

All sessions £3
School years reception to 11,
10-11.30am
King George V Park, King
George Avenue, E16. Call
07806 584 925

BOXING AND SELF DEFENCE



Boxing

West Ham ABC - community
boxing, 11-19s
Free Olympic style amateur

boxing sessions.

Hathaway Community Centre
Hathaway Crescent, E12
Wed, 7pm. Call 020 8430 2000
West Ham Boys ABC 9+, boys
and girls
Mon, Wed, Fri, 5-6pm
The Black Lion, 59-61 High
Street, E13. Call 020 8472 3614
Peacock ABC 8+,
Mon, Wed, 6-8pm
boys and girls
Caxton Street North, E16
Call 020 7511 3799
Newham Boys ABC
6+, boys only
Mon, Wed, Fri, 6-7.45pm
Old Bath House, 141 Church
Street, E15. Call 020 8519 5983
Fight For Peace 11+,
boys and girls
Woodman Street, North
Woolwich, E16.
Call 020 7474 0054

Punch Out (16+)

Free boxing fitness workout.
Thurs, 4-5pm and
5.15-6.15pm. Email
getactive@newham.gov.uk

Shoujin Karate

Sessions for beginners.
Newham Shoujin Karate Club:
Weds, (during term time only)
4.30-5.30pm. Fri, 6-7pm
and 7-8pm. Sun, 10-11am,
Newham Leisure Centre,
Prince Regent Lane, E13.
Call 07508 070 638
Docklands Shoujin Karate Club:
Mon, 6.20-8.20pm, UEL Sports
Docks, Docklands Campus,
E16. Call 07517 136 837

Tang Soo Do

Korean Martial Arts for 5+ to
adults. £5 per session – family
discount available.
Sat, 1-2.30pm (arrive at least
15 minutes before start) The
Hub, 123 Star Lane, E16.
Tue, 7.30-8.30pm, Grassroots,
Memorial Park, Memorial
Avenue, E15.
Call 07725 948 426 or email
ace_rosillo@hotmail.com

HEALTH AND FITNESS



Handball (free)

8-16s, Tues, 3-4.30pm
16+, Fri, 6-8pm
Newham Leisure Centre, Prince
Regent Lane, E13. Email
aranka.bekker@newham.gov.uk

Multi sports (free)

Wed, 1-3pm and 5-7pm, 16+
Stratford MUGA,
West Ham Lane, E15
Fri, 5.30-7pm, 8-19s
Snowhill MUGA, High Street
North, E12. Call 020 3373 4119

Athletics

Sun, 10.30am-12.30pm, 10-19s
Newham Leisure Centre,
Prince Regent Lane, E13. Email
coral.nourrice@newham.gov.uk
Newham and Essex Beagles
Athletics Club, Mon and Wed,
6.30-9pm, 10+
Sun, 10am-1pm.
Call 020 7511 4477

East End Road Runners

Free coached sessions for
all abilities.
Tues and Thurs, 7pm
Sun, 9am, meet on the track,
Newham Leisure centre,
Prince Regent Lane, E13.
Call 07979 261 647

Run England sessions

All sessions are £2 indicated
otherwise.
Sun, 10am-12noon, Newham
Leisure Centre, E13 (meet on
the track)



Boxing fitness

Mon, 4-5.30pm, Newham Leisure Centre, E13 (meet on the track)
 5.45-6.45pm, Newham Dockside, E16 (meet at reception)
 Tues, 6-7pm, Newham Leisure Centre, E13 (meet on the track)
 Wed, 12noon-1pm, Newham Dockside, E16 (meet at reception)
 Thurs, free, 5.15-6.15pm, UEL Docklands Campus, E16 (meet at reception)
 Sat, 10-11.30am, East Ham Central Park, E6 (meet at the café)
 10-11.30am, Wansted Flats, E12 (meet at Harrow Road Changing Pavilion)
 10-11.30am, Memorial Park, E15, £4 (meet at car park)
 Call 07718 394 874

Cricket

Wed, 6-8pm, 8-18s, Lister Community School, St Mary's Road, E13. Call 020 3373 4119

Hockey

Mon, 3-5pm, 8-14s
 Kingsford Astro, Kingsford Way, E6 (by Asda car park).
 Call 020 3373 4119

Rugby

Tues, 4-6pm, 10-16s
 Memorial Park, Memorial Avenue, E15. Call 020 3373 4119

Volleyball

Mon, 3.30-5pm, 11-18s, Royal Docks School, Prince Regent Lane, E16. Call 020 3373 4119

Newham Swords (4+)

Tues, 6.30-9pm
 Thurs, 6.30-9pm
 Fri, 7.30-10pm
 The Hub in the grounds of Newham Leisure Centre, Prince Regent Lane, E13
 Call 07956 618 898

Newham Striders

Free sociable walking group, seven days a week.
 Call 020 8430 2000

Free Men's Health

Football Fitness Sessions

Sat, 10-11am, West Ham United Community Training Facility, 60a Albatross Close, E6.
 Call 020 7473 7724

Free Family Fit Club

Sat, 11am-12noon, West Ham United Community Training Facility, 60a Albatross Close, E6. Call 020 7473 7724

Zumba classes

Thurs, 7.30- 8.30pm, St Nicholas Church Hall, Gladding Road, E12, £5 per class. Call 07720 805 505

Saturdays

For fathers, grandads, uncles and children aged 0-16.

Sat, 12noon-3pm,
 Chandos East Hub, 90 Chandos Road, E15
 Call 020 8221 2137

Family Fitness classes

£4-£6 for adults, £1 for children/teens.

Outdoor classes

Adult only Boot Camp,
 Tues, 9.30-10.30am
 Family Boot camp (children must be 7+) Tues, 5-6pm
 Teens only Boot Camp (13-16)
 Weds, 5-6pm
 Family Boot Camp,
 Sat, 11.30am-12.30pm
 Grassroots, Memorial Park, E15.
 To register for outdoor classes call 07904 625 402 or email info@5starphysique.co.uk

Indoor classes

Funky Kids Skiptrix (7+ jump rope based exercise and games) Thurs, 5-6pm
 Adults Skiptrix Circuits, Thurs, 6.15-7.15pm
 The Hub, 123 Star Lane, E16.
 Call 07904 625 402 or visit www.5starphysique.co.uk

Newham Young Britons A.S.C

Learn to swim and/or improve your strokes.

Men's session, (12 week course, £70.60) Sat, 5.30-6.15pm

Children's session, (£2 per session) 5-16, Sat, 6.15-7pm
 Newham Leisure Centre, Prince Regent Lane, E13.
 Call 07956 304 518

Yoga Classes

£5.50 for full-time workers or £3.50/£4 for students and those

in receipt of benefits
 Tues, 6.10-7.10pm and
 Fri, 10.30-11.30am,
 The Hub, 123 Star Lane, E16
 Wed, 6.30-7.30pm
 The Unitarian Church, West Ham Lane, E15.
 Call 07956 808 007 or visit www.yocoma.co.uk

Woodside

Badminton Club

Intermediate and club standards players welcome, Fri, 8-9.30pm, £5 waged/£3 unwaged,
 Carpenters Docklands Centre, 98 Gibbins Road, E15.
 Call 020 8514 1586

Table Tennis

For beginners and intermediate players. Thurs, 6.30-9pm
 Stratford School, Upton Lane, E15 (Doris Road entrance)
 For more info call Ginny on 07976 577716 or John on 07828 866 031 or email ginny.harris10@btinternet.com

Qi Gong

Suitable for adults of all abilities. £5 per session.
 Thurs, 8pm on the Dockland's Community Boat moored near ExCeL. Meet at the gates to Millennium Mill, Mill Road, E16.
 Call 07930 610275 or email lee@bigheavenlittleheaven.com

UnityZumba

Classes are £5 each adults, children £3. (7+)
 Mon and Wed, 8-9pm,
 Hartley Centre, 267 Barking Road, E6
 Tues and Thurs, 8.15-9.15pm,
 St Mark's Community Centre, 218 Tollgate Road, E6
 Fri, 7.30-8.30pm, African Caribbean Centre, 627-633 Barking Road, E13
 Sun, 6.30-7.30pm,
 The Well Centre, 49 Vicarage Lane, E6. Call 07886 884 573

Beginners' Ballroom

£2.50 per session.
 Mon, 10am-12noon, St Paul's Church Centre, Burges Road, E6. Call 07761 209 463



Badminton

FEMALE SPORTS



Bollywood FuZion (12+)

Bollywood and Latin inspired fitness programme. £5 per session. Tues, Bollywood FuZion: 7.30-8.30pm
 Zumba fitness: 8.30-9.30pm
 The Hub, 123 Star Lane, E16.
 Email bollywoodfuzion@gmail.com or call 07830 455 823

Dare2Dance

Free street dance classes for girls, 12-16s. Fri, 3.30-5.30pm
 Newham Leisure Centre (New Indoor Multi Sports Centre), Prince Regent Lane, E13.
 Call 07970 783 526

Girls Spinning Sessions

11-16, Mon and Wed, 4-4.30pm. Newham Leisure Centre, Prince Regent Lane, E13. Call 020 7511 4477

Female Only Gym Sessions

11-16, Tues and Thurs, 3.30-5pm. 16-25, Weds, 1.30-3pm, free. Newham Leisure Centre, Prince Regent Lane, E13. Call 020 7511 4477

Female Boxfit Classes (16+)

Mons, 4.15-5.15pm, Balaam Leisure Centre, Balaam Street E13. Call 07970 783 526

Girls Football

Mon, 6-7.30pm,
 12/14s football tournaments
 Kingsford Astro (entrance by Asda car park) Beckton, E6.
 Call 020 8556 5973.
 12-14s football coaching and tournaments, Tues, 3.30-5.30pm.
 Newham Leisure Centre,



Yummy Mummy Buggy

Prince Regent Lane, E13. Call 020 8556 5973

Women United FC (11+)

Mon (term time only)
6-7.15pm, Kingsford School,
Kingsford Way, E6.
Call 07968 665 849

Get Back into Netball

OPA Netball Club sessions.
Tues, juniors, 6-7pm, seniors,
8-9.30pm. £2 per session.
Lister Community School,
St Mary's Road, E13.
Call 07717 281 529

Body Blast (16+)

Mon, 7-8pm and Thurs,
6-7pm
Talent Central, Unit 27a, 3
Armada Way, Gallions
Shopping Centre, E6

Female Multi-Sports

Cardio, Tennis, Handball,
Rounders, Football and more.
10-16s, 4.30-6.30pm, Tues,
4.30-6.30pm Newham Leisure
Centre, Prince Regent Lane, E13.
Fri, 4.15-5.15pm, Little Ilford
Youth Zone, Rectory Road, E12.
Call 020 8556 5973 or email
Farrakh.Khan@locsp.org

Sheila's Yummy Mummy buggy (16+)

£5 per session
Mon, 10-11.30am
East Ham Central Park, E6
(meet outside cafe in the park)
Fri, 10-11.30am, Plashet Park,
Plashet Grove, E6.
Call 07908 614 958 or email
spoleon@aol.com

Get back into Netball

OPA Netball Club sessions.
Tues, juniors, 6-7pm, seniors,
8-9.30pm. £2 per session.
Lister Community School,
St Mary's Road, E13. Call
07717 281 529 or email

openetballclub@hotmail.com

Zumba classes

Tues, 8-9pm,
£4 per hour, The Swift Centre,
387 Barking Road, E13
Thurs 7.30-8.30pm,
£4 per hour, The Hub, 123
Star Lane, E16. For more
details call 07500 898 665

Janice's Fitness (16+)

Soca and Zumba fitness
sessions. £5 per session.
Tues, 9.30-10.30pm. St
George and St Ethelbert
Church Hall, Burford Road, E6.
Email info@jfkarate.co.uk or
call 07818 000 643

SPORTS AND PHYSICAL ACTIVITIES FOR DISABLED PEOPLE



Multi-Sports

Free Flying Wheels club for
young wheelchair users 6-22.
Wed and Fri evenings, 6-8pm.
Rokeby School, Barking Road
E16. Call 07888 085 259
U19s, Fri, 4.30-6.30pm,
Newham Leisure Centre, E13.
Disabled Multi-Sports. Tues,
10.30am-12noon, Newham
Leisure Centre, E13.
Call 020 7511 4477
Fri, 4.30-6pm, NewVlc, Prince
Regent Lane, E13.
Call 07811 671 082

Wheelchair Basketball

11-19, Wed, 4-5pm
Rokeby School, Barking Road,
E16. Call 07947 401 616

Family Swims for Disabled Children and Adults

Newham Otters Swimming Club,
Sat, Newham Leisure Centre,
E13, 4.30-5.30pm. For more
details call 07931 788 739
Family Swim, Sun, 12.30-2pm,
Balaam Leisure Centre, E13,
£5. Call 020 7476 5274

Free Trampolining Sessions

U19s, Fri, 5-7pm and Sat,
12noon-2pm, Newham Leisure
Centre, E13. Call 020 7511 4477

Mixed Swimming Sessions for Adults and Children

Wed, 10am-12noon, East Ham
Leisure Centre, E6. £1.15 per
session. Call 020 8548 5850

Free Swim for Families dealing with Autism

Wed, 4-5pm, Balaam Leisure
Centre, E13. Call 020 7476 5274

Get fit for free

Free use of the gym for one
year for people with learning
disabilities at Newham Leisure
Centre. Tues, 1.30-3.30pm and
Fri, 10am-12noon. To book an
induction call on 020 7511 4477

B1 Football Club

Third Sun of every month,
10am-12noon, East Ham
Leisure Centre, E6

Free soft play and exercise to music

Sat, 2-3pm, Newham Leisure
Centre, E13. Call 020 7511 4477

COMMITTEE MEETINGS

All meetings take place at
Newham Town Hall, Barking
Road, E6 unless specified.

Mon 29 Oct, Licensing (2003
Act) Sub-Committee, 10am,
Council Chamber

Member Training – The
planning implications for
Newham of the Localism Act
2011, 6-8.30pm, Council
Chamber

Wed 31 Oct, Licensing
Committee briefing session,
6-8.30pm, Council Chamber

Tues 6 Nov, Regeneration
and Employment Scrutiny
Commission, 7-9pm,
Committee Room 2
Health and Social Care
Scrutiny Commission, 7-9pm,
Committee Room 1

Wed 7 Nov, Newham
Partnership - Health and
Wellbeing Strategic Reference
Group, 6.30pm - Room
E3:04/05, Third Floor, East
Wing – Newham Dockside,
1000 Dockside Road, E16

Thurs 8 Nov, Mayoral
Proceedings, 10-11am,
Council Chamber

Fri 9 Nov, Development
Control Members' Forum,
8-10am, Room WG.06,
Ground Floor, West Wing -
Newham Dockside, 1000
Dockside Road, E16.
Visit [www.newham.gov.uk/
committee](http://www.newham.gov.uk/committee) for updates.

MEET THE MAYOR

Please arrive promptly at the
start of each surgery

Sat 27 Oct, 9.15am, The
Gate, 4-20 Woodgrange
Road, E7

Thurs 1 Nov, 12noon,
Stratford Local Service Centre,
112-118 The Grove, E15

LIBRARY CONTACTS



Beckton Globe

1 Kingsford Way, E6

Canning Town

Barking Road, E16

Custom House Prince Regent
Lane, E16

East Ham

High Street South, E6

The Gate 4-20 Woodgrange
Road, Forest Gate, E7

Manor Park

Romford Road, E12

North Woolwich

5 Pier Parade, E16

Plaistow North Street, E13

Stratford 3 The Grove, E15

Archives and Local Studies

(limited postal and email service
only) call: 020 3373 6881
email: [archiveslocalstudies@
newham.gov.uk](mailto:archiveslocalstudies@newham.gov.uk)

Community Outreach

Services To find out more call
020 3373 0813

Hundreds of services

– just one number for all
council enquiries

Call 020 8430 2000



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NewhamCouncil](http://www.facebook.com/NewhamCouncil)**

Newham Shared Lives Scheme

The Shared Lives Scheme gives adults with support needs, who live in Newham, the opportunity to live with families or individuals in their own homes

The scheme exists to support vulnerable people with long term, short breaks and emergency placements. Newham Shared Lives Scheme supports people with a range of different support needs, including:

- people with mental health needs
- people with a learning and/or
- physical disability
- older people with dementia.

Carers use their own home to look after those that need care, either on a long or short term basis.

For more information

If you are interested in becoming a Shared Lives Carer, or know someone who would benefit from being placed with a carer please contact:

telephone: **020 3373 0191/1217**

email: **sharedlives.scheme@newham.gov.uk**

web: **www.newham.gov.uk/sharedlives**



Starting school in Newham

Reception class places for September 2013

If your child will have their 5th birthday between 1 September 2013 and 31 August 2014 you need to apply for a reception class place now.

The deadline for a reception class place for September 2013 is **15 January 2013**. If you miss this date you will have less chance of getting the school that you prefer.

From **10 September 2012** you can pick up a copy of the autumn 2012 edition of the Starting School guide from any London Borough of Newham operated nursery, infant or primary school. The guide includes a copy of the application form.





Guy Fawkes Night

FREE Fireworks display

Sunday 4 November

Wanstead Flats, Centre Road E7

Gates open: 5.45pm Display: 6.45pm

Event entrances on Centre Road, Dames Road and Lake House Road.

No public parking; limited blue badge parking available. Please use public transport.

No dogs or personal fireworks allowed on site.

 **020 8430 2000**

 **www.newham.com**

 **@NewhamLondon**

 **www.facebook.com/NewhamEvents**

In partnership with
the City of London



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Mayor of Newham*